



Family & Friends

Resident & Employee Newsletter

November 2025



NOVEMBER



THANKFUL FOR.....

Betty U— being at Berks Heim and the wonderful staff

"After the barn fire, your generosity gave us hope and strength to rebuild. Thank you for standing with us."



Thank you

"The fire took our barn, but your kindness restored our spirit. We're deeply grateful for your support."

Mary L—my health

"From the ashes, we will rise-thanks to your generosity and care. We'll never forget your kindness."

Hank is doing well & rebuild progressing.

With love & gratitude, Connie Fehnel

Thank you all!!

Helen S. - all the nice people at Berks Heim who I can talk to

Renee H.- Berks Heim, God, and Pastor Kerry

Lorraine H. - the people that take care of me

With Gratitude

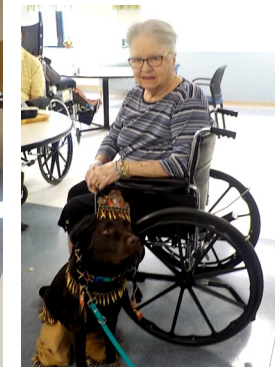
This Thanksgiving we are grateful for...

THE AMAZING TEAM AT BERKS HEIM!!!

Berks Heim is blessed to have a team that is professional, compassionate, and dedicated. We truly appreciate everything they do for our residents. If you see something good, and would like to say thank you, stop by the lobby. Your messages will be posted outside of the nursing office. We wish everyone a happy and safe Thanksgiving.



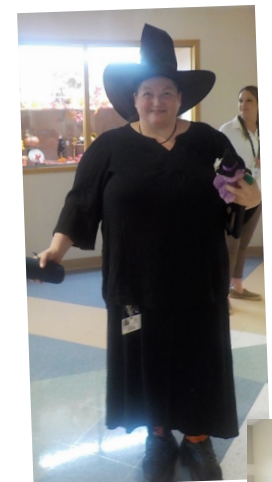
HALLOWEEN HAPPENINGS....



Preschoolers from Berks Area Youth Recreation Preschool entertained our residents with songs and dancing. Residents and their pets also dressed up for the occasion.

Farm Women held a bingo

The residents also participated in a Halloween parade.



Residents made pumpkins at Craft Club



HOLIDAY FEEL GOOD

BERKS HEIM HOLIDAY FOOD DRIVE

We will be collecting non-perishable food items to help families in need this holiday season (Thanksgiving and December holidays). All donations are appreciated, monetary donations toward perishable items will also be accepted. We hope to be able to help at least a few families who will appreciate your kindness. Some items to consider for donation: cereals, peanut butter, jelly, grains (rice, oatmeal, etc.), snack items (crackers, fruit snacks, cookies), beans, fruit juices, macaroni, spaghetti and sauce, canned goods (tuna fish, fruits, veggies, soups), holiday meal items (cranberry sauce, turkey gravy, stuffing, etc). Please drop off at front desk and Thank you for your help.



Help Berks Heim spread some holiday cheer!

**U.S. MARINE
CORPS
*Toys For Tots***



New, unwrapped toys are being collected in the Berks Heim Lobby through December 1.

Toys for Tots

Once again, Berks Heim will be participating in the U. S. Marine Corps Toys for Tots program. We will be collecting new, unwrapped toys in the Berks Heim Lobby from Nov. 1 through Dec. 1. Thank you for your generosity in supporting Toys for Tots.



**JOIN US FOR THE
VOLUNTEER SERVICE BOARD
BAKE SALE**

**FRIDAY, NOVEMBER 21st
IN THE LOBBY
9:00AM UNTIL SOLD OUT
Cash Only**



HONORING OUR VETERANS

Larry Albright—Marines

Daniel Amoroso—US Army Reserves

John Bechtel—Merchant Marines

Richard Blome—US Navy

Alfred Ciabaton—US Navy

David Culp—US Navy

Billy Evans—Army (White Coats)

Mildred Forry—US Navy

Richard McCane—US Army

William Miller—US Army

Edward Pauley—US Army

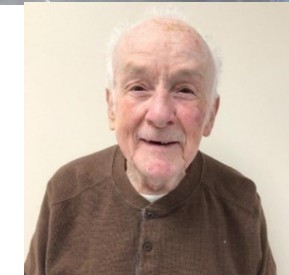
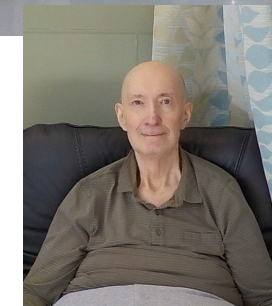
Michael Ranalli—National Guard

Jerry Rodgers—US Navy

Harlan Snyder—Air Force

William Snyder—Navy

Clarence Spangler—Air Force



Berks Heim participated in the 2025 Walk to End Alzheimer's on October 18th at the Berks County Heritage Center. Over 500 people attended the Berks County event! We wish to thank everyone who donated their time, monetary gifts and those who supported the Heim's fundraisers. We especially appreciate those who walked.

While Team Berks Heim is close to raising our goal of \$2,000, we are not there yet. We need your help! The team is still receiving donations through the end of the year. Stop by the Berks Heim lobby to donate to this important cause. Electronic donations can also be made on the 2025 Walk to End Alzheimer's- Berks County webpage. Be sure to search for the Berks Heim Team to help us reach our goal. Thank you for supporting the mission to find a cure for Alzheimer's!



November



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Legend: A - Auditorium C - Chapel *Denotes Club*- If you have interest in joining a club or have questions, please see your Activity Therapist						1 10:30 A Month In Review (A)
2 2:30 Protestant Service (A/C)	3 10:30 Exercise (A) 2:00 Western Whirlwinds* (A) 6:30 Hangman (A)	4 2:30 Cheesesteak Social (A/C) 6:30 Jeopardy (A)	5 2:30 Robert Sean Happy Hour (A/C)	6 10:30 Rosary (C) 2:30 Resident Council (C)	7 10:30 Music in Motion* (A) 2:30 Stories with friends *(A)	8 10:30 Taster's Choice* (A)
9 2:30 Protestant Service (A/C)	10 10:30 Exercise (A) 2:30 Master Minds *(A)	11 10:15 Devotions (C) 2:30 Sundae Day Music by Toad Creek Tom (A/C)	12 2:30 Nativity Lutheran Church Bingo (A) 6:30 Junk Drawer Detective (A)	13 10:00 Gentleman's Club* (A) 10:30 Rosary (C) 2:30 Bingo (A/C)	14 10:30 Fun Fitnessize* (A) 1:30 Crazy For Movies (A) 7:00 Salvation Army (C)	15 10:30 Whoga/Yoga* (A) 2:30 Bingo (A/C)
16 2:30 Protestant Service (A/C)	17 10:30 Exercise (A) 2:30 Wedding Bells (A/C)	18 10:15 Devotions (C) 2:30 Thanksgiving Trivia (A/C)	19 2:30 Craft Club *(A)	20 10:30 Rosary (C) 10:30 Lava Java *(A) 6:30 The Game Baloney (A/C)	21 10:30 Fun Fitnessize* (A) 2:00 Cooking Club* (A) 2:30 Stories with friends* (C)	22 2:30 Healthy Choice Club* (A)
23 2:30 Protestant Service with Fran Merkel (A/C) <hr/> 30 2:30 Protestant Service (A/C)	24 6:30 Battles of the Sexes (A)	25 2:30 Dominoes *(A) 6:30 True or Fowl (A)	26 2:30 Color My World *(A)	27 Happy Thanksgiving 2:30 Turkey Trivia (A/C)	28 	29 2:30 Sing A Long (A)

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

Welcome New Admissions

A-2 Pretzel City

Victor Rodriquez
Barbara Clouser
John Angstadt
Margaret Christ

A-3 Penns Pointe

Robert Greer
Joyce Ney

Essick Commons

Edward Pauley

B-1 Market Square

Betty Manwiller

During the month of October we had 15 new admissions

Happy November Birthdays

Joan Florida.....November 5
Jane Weidenheimer.....November 5
Mildred Forry.....November 5
Helen Kline.....November 9
Richard McCane.....November 13
Grace Degler.....November 14
Marian Brown.....November 15
Dorothy Heckman.....November 16
Noreen Showalter.....November 17
Maria Grande.....November 17
Lynn PellicciottiNovember 20

Ruth Stallone..... November 21
Marguerite Fischer.....November 22
Sara Weatherholtz.....November 26
Dawn Shappell.....November 26
Barbara Coller.....November 27
Linda Cole.....November 29

FLOWER– Chrysanthemum



BIRTHSTONE - Topaz



**“CAN YOU SPY”...
WITH YOUR LITTLE EYE**



**COUNT HOW MANY YOU CAN SPY
(ANSWER PAGE 12)**

PUZZLE PAGE



HELP THE TURKEY GET TO HIS PIE!



Chaplain’s Good News for November

By Chaplain Kerry Hicks

Sanctuary

In the Old Testament:
Sanctuary (Dwelling place of God) the name of that part of the Temple of God and of the Tabernacle that was set apart for the LORD. It consisted of two rooms, the first being the Holy Place. The Holy Place held the Menorah; which gave light and the table of the Bread of the Presence of God, and the Incense Altar; which represented the prayers of God’s people. This was where the priests ministered daily to the LORD. To enter the Holy Place the priest needed to be sanctified first. **(Made to be holy)**. Any priest entering the Holy Place who had not already dealt with sin would have been struck dead at the doorway. **(Exodus 28: 42-43)**.

The second or inner room, was called the Holy of Holies or the Most Holy Place. The Holy Place held only the Ark of the Covenant except on Yom Kippur, the Day of Atonement, when the Altar of Incense was placed in it. Only the High Priest could enter, and he could only enter on Yom Kippur. In this room the High Priest interceded for the people, for the LORD to forgive their sins and his sins.

In the New Testament we are the **Sanctuary** where the presence of God dwells in the form of His Holy Spirit. **The Church as the Temple of the Holy Spirit**. With the ascension of Christ and the outpouring of the Holy Spirit at Pentecost, the dwelling place of the LORD transitions to the collective body of believers. The Apostle Paul writes, “Do you not know that you are a sanctuary of God and the Spirit of God dwells in you?” **(I Corinthians 3:16)**

Hebrews 10:19-20 “Therefore, brothers, since we have confidence to enter the Holy of Holies by the blood of Jesus, a new and living Way which He dedicated to us, through the veil, this is by His flesh...”.

I Peter 2:9 But you are “a chosen race, a royal priesthood, a holy nation, a people that has become God’s property, so that you would proclaim the manifestation of divine power” of the One Who called you out of darkness into His marvelous light...

We have been cleansed from our sins by His atoning blood.
We are now able to enter into the presence of God ourselves because of what Jesus did on the Cross of Calvary, Hallelujah!!!

Hebrews 13:20-21 May the God of peace, the One Who led up from the dead the Great Shepherd of the sheep by the blood of an eternal covenant, our Lord Jesus, make you complete in every good thing to do His will, while He makes us pleasing in His Judgment through Jesus Christ, to Whom be the glory forever and ever, amen.

Shalom,

Chaplain Kerry

Some excerpts from the One New Man Bible by Rev. William J Morford and Bible Hub



Things That Make You Go Hmmm....

By Andrea Riegel

Oysters help purify the water they live in. One adult oyster can filter 50 gallons a day.

Counting the number of times a cricket chirps in 14 seconds and adding 40 will tell you the temperature in Fahrenheit.

Paper can be folded more than seven times. A high-school student set a record by making 12 folds. She started with a piece of paper 4,000 feet long.

Broccoli is an immature flower that is harvested before it blooms. If left unharvested, each green bud typically produces four yellow petals.

Only about 1 in every 3,000 calico cats is male.

Two to three drops of blood contain about one billion red blood cells.

Baby blue whales drink between 50 and 150 gallons of milk a day. Gaining about 8 lbs.an hour.

In a group of 23 random individuals, odds are that 2 will share a birthday.



Berks Heim Family & Friends

Administrator.....Joshua Grove, NHA
Director of Nursing.....Elizabeth Ernst, RN
Asst. Director of Nursing.....Lori Snyder, RN
Asst. Director of Nursing.....Melissa Miller, RN

Heim Family & Friends is published monthly by the
Berks Heim Clerical Department
P.O. Box 1495, Reading, PA 19603
Phone: 610-376-4841

Editor: Michele Reinhard, Director of Clerical/Volunteers

Reporters/Photographers:
Heather Horst & Melinda Shearin

Printed by the Berks County Services Center Print Shop



Like and follow us on Facebook Berks Heim Nursing & Rehabilitation



How Many Did You Spy?

I Spy Answer :

There Are 9

