



BIKE-TO-WORK- WEEK RIDE

Join family and friends for a fun bike ride through West Reading and the surrounding area. The ride is approximately 6 miles and will take about an hour to complete.

Form workplace teams now for a chance to win prizes!

WHEN Friday, May 16

Registration: 6:30 a.m.

Ride: 7 a.m.

RAIN OR SHINE!

WHERE Masonic Lodge Parking Lot
400 S 7th Ave, West Reading
Across from the Doctor's Office Building

INFO Must be 18 years or older. Bicycles and helmets are required to participate. Refreshments and snacks are available for participants before and after the ride.

Bike Safety Inspections such as tire pressure, loose bolts, seat adjustments, etc. will be provided by



For more information, please scan the QR code, visit [Towerhealth.org/biketowork](https://www.towerhealth.org/biketowork) or email CommunityWellness@Towerhealth.org

Thank you to the West Reading Police Department, City of Reading Police Department, and South Heidelberg Police Department for their support of the Bike to Work Week Ride.



Reading Hospital
TOWER HEALTH
Advancing Health. Transforming Lives.

Please note: Event participants are responsible for their own safety while on the road.