

# Berks County Mental Health Developmental Disability

## HealthChoices Program

*Fiscal Years 2021/2022 & 2022/2023*



# MISSION

To provide quality care as well as the delivery of efficient public services and supports for individuals with mental illness and developmental disabilities so that they can increase their opportunities and abilities to lead lives of dignity and independence. Acknowledging that recovery is an ongoing process, MH/DD is committed to promoting personal growth, choice, and inclusion of consumers in their community.



# ADVISORY BOARD MEMBERS

*All board members are Commissioner Appointed*



Cathy Pilat, Chairperson

Jonathan Encarnacion, Vice Chair

John Bastek

Jenna Martorana

Edward Chastka, M.D.

James P. Miller

Joe Conway

Christopher Neidert

Crystal Dobrosky

Yvonne Stroman

Johanna Kelly, M.D.

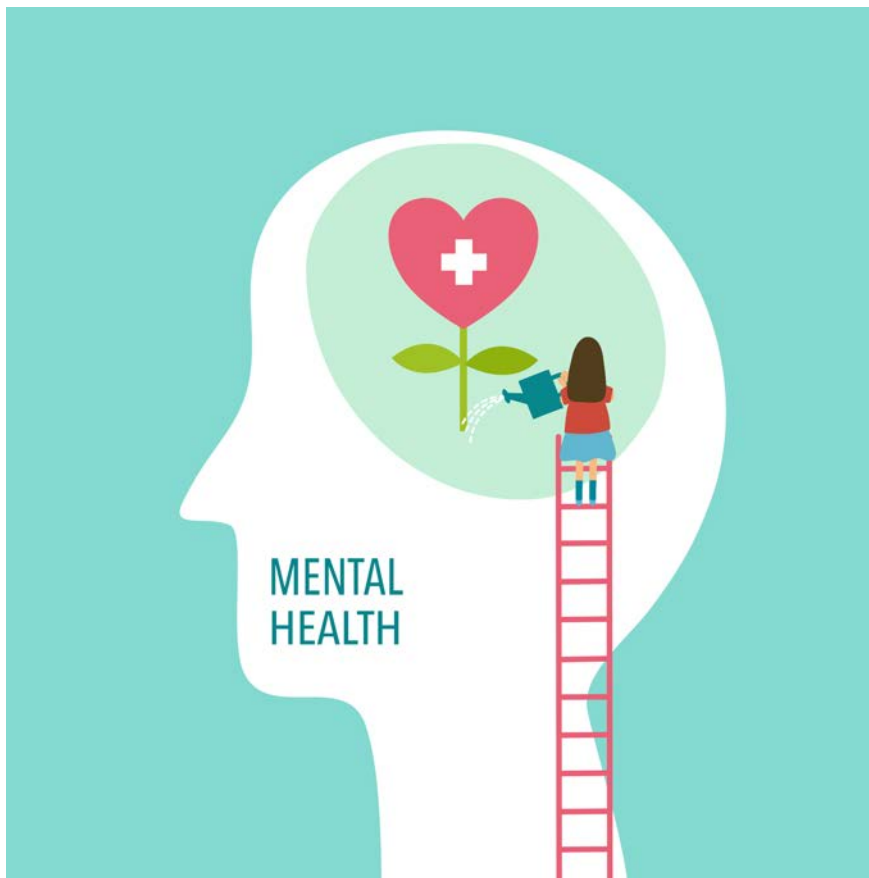
Brian Wlazelek, Ph.D.

Kelly Kulp

# MENTAL HEALTH PROGRAM

Fiscal year 2021 brought us extraordinary, unparalleled challenges as we continued our recovery from the coronavirus disease 2019 (COVID-19) pandemic. Through it all, our many community providers, stepped up to the challenge to ensure the intellectual and developmental disability (IDD) and behavioral health needs of the people we serve were met. The pandemic reshaped how we delivered services in so many ways.

A wide range of services are available to meet the needs of individuals with mental health concerns. People with mental illness can best achieve positive change and recovery when treatment and supportive services are guided by each person's goals, preferences, strengths and needs. Involvement of family is encouraged. Services are delivered by local provider agencies under contract with the County. They are designed to be accessible, responsive, culturally appropriate and cost effective.



**3.28%**

INCREASE IN TOTAL EXPENDITURES

**8242 - SERVED**

**\$11,245,270**

FY21-22

**8068 - SERVED**

**\$11,614,624**

FY22-23

# DEVELOPMENTAL DISABILITIES PROGRAM

The MH/DD Program oversees the Berks County Developmental Disabilities Program. This program promotes opportunities for individuals with disabilities to lead full and productive lives within our community. It is our goal to ensure that services and supports are provided to meet the needs of consumers with intellectual disabilities in the least restrictive setting possible. We want all individuals whom we serve to be active members of our community and live a life of quality.

## CONSUMER COUNTS

1,580

FY21/22



1,667

FY22/23

## IDD PRE-ADMISSION SCREENING AND RESIDENT REVIEW SPECIALIZED SERVICES REQUESTS

The Pre-Admission Screening and Resident Review (PASRR) Specialized Services review team processes nursing facility specialized services requests for approval or denial, such as for customized manual wheelchairs, durable medical equipment, and occupational, physical, and speech rehabilitative therapy.



# EARLY INTERVENTION PROGRAM



The early intervention program helps families with the development of their children, ages from birth to three years of age, who have special needs due to developmental delays or disabilities.

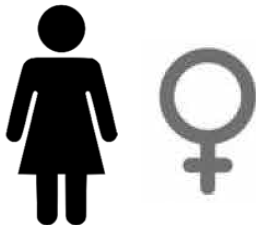
## NUMBER OF CHILDREN (UNDUPLICATED) WITH ACTIVE SERVICE



1168 served - FY21/22  
1249 served - FY22/23



UNDUPLICATED WAIVER CHILDREN  
FY21/22 - 123  
FY22/23 - 281



637 served - FY21/22  
694 served - FY22/23



UNDUPLICATED TRACKING CHILDREN  
FY21/22 - 351  
FY22/23 - 252

### TOTAL EXPENDITURES\*

**\$4,666,966**    **21/22**  
**\$4,698,322**    **22/23**

\* Excludes costs related to the Waiver Program

# HOMELESS ASSISTANCE PROGRAM (HAP) HUMAN SERVICE DEVELOPMENT FUND (HSDF)



## HAP

**\$471,468**

TOTAL EXPENDITURES FY21/22

**\$421,988**

TOTAL EXPENDITURES FY22/23

## HSDF

**\$355,794**

TOTAL EXPENDITURES FY21/22

**\$331,905**

TOTAL EXPENDITURES FY22/23

When the pandemic became a reality in Berks County, shelter capacity plummeted due to health and safety considerations. The County applied for a HAP waiver to house individuals in hotel rooms for a period of two weeks with an opportunity to extend the stay if housing was not found during that time.

Locally, the Homeless Assistance Program (HAP) money was allocated to the Berks Coalition to End Homelessness, which is a private not-for-profit organization that is the lead agency for HUD homelessness services in Berks County. HAP is administered by the Department of Human Services (DHS) to assist individuals who are experiencing homelessness and to prevent homelessness.





# HEALTHCHOICES PROGRAM



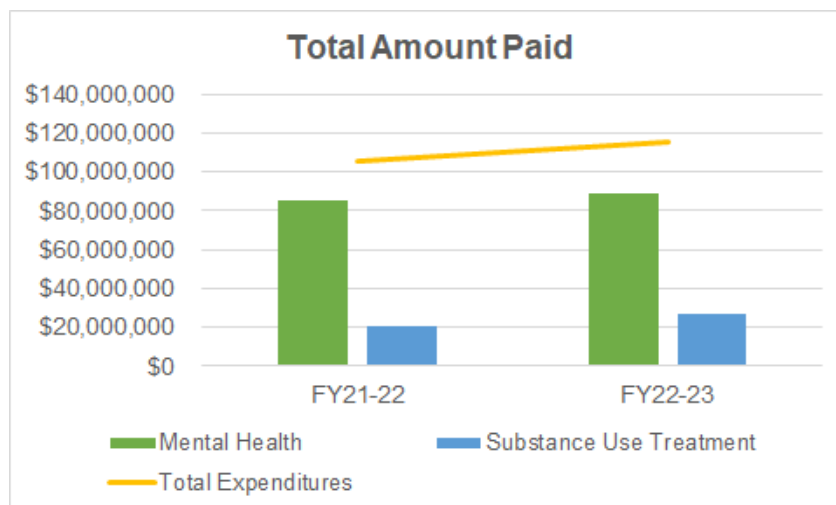
HealthChoices is Pennsylvania's mandatory managed care program for Medical Assistance (MA) consumers. The program is designed to improve access to and the quality of care for MA consumers throughout Pennsylvania.

The PA Department of Human Services (DHS) has contracted directly with Berks County to manage the HealthChoices behavioral healthcare services to county residents since October 2001. The County, in turn, sub-contracts with a managed care organization (MCO), Community Care Behavioral Health (CCBH), to manage behavioral healthcare services on behalf of the county HealthChoices Program. The MCO's responsibilities include provider network development, utilization management, quality management, claims management, information systems, reporting, member services, preventative and outreach.

## HEALTHCHOICES - FISCAL YEAR 2021/2022 & 2022/2023

	FY 2021/2022	FY 2022/2023
 TOTAL ELIGIBLE MEMBERS	111,637	118,458
 TOTAL UNDUPLICATED MEMBERS SERVED	22,314	22,202
 MENTAL HEALTH SERVICES	20,742	20,233
 SUBSTANCE ABUSE SERVICES	4,464	4,555

# HEALTHCHOICES - FISCAL YEAR 2021/2022 & 2022/2023



## Community Based Care Management (CBCM)

- DHS initiative started in 2021
- To improve whole person health care
- Partner with Opportunity House to address members' Social Determinants of Health (SDoH) needs with a focus on housing instability/homelessness
  - 1) Opportunity House served 299 Berks HealthChoices members in CY22
- Community Health Worker (CHW) and a Pre/Post Natal (PPN) Care Manager collaborate with members, providers, and community resources
  - 1) CHW and PPN engaged with 66 and 302 Berks HealthChoices members respectively in CY22

## Value-based Purchasing (VBP)

- DHS initiative to transition providers from volume to value-based payment models
- To improve quality of care, enhance service efficiency, and reduce costs
- 2 VBPs in FY21-22 and 3 VBPs in FY22-23:
  - Transition to Community: Goal is to improve the transition from inpatient mental health services to ambulatory services
  - Residential Treatment Facility (RTF): Goal is to ensure coordinated transition from RTF services to community-based care
  - Centers of Excellence (COE): Goal is to increase treatment retention for individuals with an Opioid Use Disorder (OUD)



**Reinvestment since 2002**  
**\$33,054,152**

# CRISIS RESIDENTIAL

Crisis Residential is an Initiative of the HealthChoices Program.

The program provides:

- Short-term, 24/7 crisis stabilization support in a safe residential environment.
- Diversion from emergency departments and inpatient care.
- Address co-occurring mental health/substance use disorders (MH/SUD).

**Opened:**

April, 2023

**Capacity:**

6 Adults, ages 18+

**Served:**

12 individuals in  
FY22/23



IMPROVING THE LIVES OF THE PEOPLE WE SERVE

## **BERKS COUNTY SUICIDE PREVENTION TASK FORCE**

The Suicide Prevention Task Force was able to touch 5,120 individuals prior to the commencement of the pandemic.

The remainder of the in-person events were Community and Employee Health Fairs and Rotary events.



## STRIKE OUT THE STIGMA

The 6th & 7th Annual Strike out the Stigma games were held in collaboration with the Fightin Phils.

**STRIKE OUT THE STIGMA** of mental illness focuses on suicide prevention.

