

# Family & Friends

Resident & Employee Newsletter

December 2025





## THANKFUL FOR.....



Thank you to the following organizations for providing angel tree gifts for our residents.

EHD Insurance, Womelsdorf Women of Today, Fleetwood American Legion and Berks County employees.

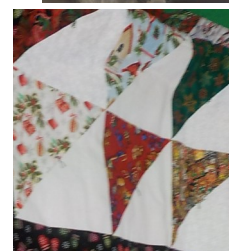
Holiday artwork created by local Elementary school students.



Pictured below is the generous donations from the St. Ignatius Columbiettes.



A big thank you to everyone who donated items this holiday season for our residents.



## HOLIDAY FOOD DRIVE

**PLEASE JOIN US FOR**  
**BERKS HEIM NURSING AND REHABILITATION**  
**EMPLOYEE ENGAGEMENT COMMITTEE**



**UNTIL DECEMBER 15, 2025**

### SOME ITEMS TO CONSIDER FOR DONATION:

**CEREALS - PEANUT BUTTER - JELLY - GRAINS (RICE, OATMEAL, ETC.) - SNACK ITEMS (CRACKERS, FRUIT SNACKS, COOKIES) - BEANS - FRUIT JUICES - MACARONI - SPAGETTI AND SAUCE - CANNED GOODS (TUNA FISH, CHICKEN, FRUITS, VEGGIES, SOUPS) - HOLIDAY MEAL ITEMS (CRANBERRY SAUCE, TURKEY GRAVY, STUFFING, ETC.) - SHELF STABLE MILK - COOKING OIL**

**We are collecting non-perishable food items to help a few of our staff members families in need this holiday season in December. All donations are appreciated, monetary donations toward perishable items will also be accepted.**

**PLEASE DROP OFF ITEMS AT THE FRONT DESK.**

**CHECK TO SEE ITEMS ARE NOT EXPIRED.**

**THANK YOU FOR YOUR HELP!**





## HOLIDAY FEEL GOOD

Be on the lookout for all the exciting events happening around Berks Heim this Holiday season:

12-6 Music by Scotty Mann 2-3:30 Auditorium

12-8 Caroling on the units 10-11:30 am

12-12 Santa's Corner 9-11:00/12-3 pm Chapel & Auditorium

12-13 Piano Recital by Riley 6:30 pm Auditorium

12-15 A-side Christmas Party 2 pm Auditorium –music by Muhlenberg Band and Chorus

12-16 B-side Christmas Party 2 pm Auditorium– music by Muhlenberg Band and Chorus

12-17 Essick Commons Christmas Party 2 pm piano playing with Lynn

12-18 Ornament Decoration 6:30 pm

12-19 Caroling on the Units 5-6 pm

12-21 Irish Dancers Christmas Program 6:30 pm Auditorium

12-23 Candelight Service 2:30 Chapel



Be on the look out!!  
Mistletoe will arrive  
November 28!!



## STAFF NEWS

Congratulations to Siara, Luke and big sis Emeline. Baby Emmett George was born on November 18 at 3:21 p.m. He weighed 8 lbs 1.5 oz and was 19 1/2 inches long. Congratulations Siara!!!



Congratulations to our very own Danielle in the Beauty Shop. Danielle and her father race in the Vintage Eliminator series at South Mountain Raceway. They have been away from racing for 25 years and returned to win the overall point championship. Congratulations Danielle, her dad Michael and son Elijah.







# December



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p><b>Legend:</b>  <b>A - Auditorium</b>  <b>C - Chapel</b>  <b>*Denotes Club*-</b>  <b>If you have interest in joining a club or have questions, please see your Activity Therapist</b></p>	<p><b>1</b> 10:30 Exercise (A)   <b>2:00 Western Whirlwinds*</b>                      (A)</p>	<p><b>2</b> 10:30 Catholic Mass                      (C)   <b>2:30 Game Lounge</b>                      *(A)</p>	<p><b>3</b> <b>2:30 Card Club*</b>                      (A)                      2:30 Resident Council                      (C)</p>	<p><b>4</b> <b>10:30 Lava Java *</b>                      (A)  <b>2:30 Djembe</b>  <b>Drumming Circle* (A)</b>                      6:30 Holiday Twenty Questions (A)</p>	<p><b>5</b> <b>10:30 Music in Motion* (A)</b>                      2:30 Snowflake Social (A/C)                      Music by Give us a Minute                       6:30 Jeopardy (A)</p>	<p><b>6</b> 10:30                      A Month in Review                      (A)                      2:00 Music By                      Scotty Mann                      (A/C)</p>
<p><b>7</b> 2:30 Protestant                      Service (A/C)</p>	<p><b>8</b> 10:30 Exercise (A)   <b>2:30 Master Mind* (A)</b>                      6:30 Better Than Or Now?                      (A)</p>	<p><b>9</b> 10:15 Devotions (C)                       2:30 Music By Toad                      Creek Tom                      (A/C)</p>	<p><b>10</b> 2:30 Nativity                      Lutheran Church Bingo                      (A/C)                      7:00 Merle High Chorus                      (A)</p>	<p><b>11</b> <b>10:00 Gentleman's                      Club* (A)</b>                       10:30 Rosary (C)</p>	<p><b>12</b> 9:30am -3:00pm                      Santa Corner (A/C)                      Lunch break 11-12                      7:00 Salvation Army (C)</p>	<p><b>13</b> <b>10:30 Whoga/Yoga*</b>                      (A)                      6:30 Piano Recital                      with Riley (A)</p>
<p><b>14</b> 2:30 Protestant                      Service (A/C)</p>	<p><b>15</b> 10:30 Exercise (A)                       2:00 A side Christmas                      Party (A/C)</p>	<p><b>16</b> 10:15 Devotions (C)                       2:00 B side Christmas                      Party (A/C)                       6:30 Chocolate Covered                      Everything (A)</p>	<p><b>17</b> <b>2:30 Craft Club *(A)</b></p>	<p><b>18</b> 10:30 Rosary (C)                      6:30 Ornament Making                      (A)</p>	<p><b>19</b> <b>10:30 Fun Fitnessize* (A)</b>  <b>2:00 Cooking Club *(A)</b>  <b>2:30 Stories with friends *</b>                      (C)</p>	<p><b>20</b> <b>10:30 Taster 's Choice*</b>                      (A)  <b>2:30 Healthy Choice                      Club* (A)</b></p>
<p><b>21</b> 2:30 Protestant                      Service (A/C)                      6:30 Irish Dancers (A)</p>	<p><b>22</b> 10:30 Exercise (A)                       2:30 Wedding Bells                      (A/C)                      6:30 Double Exposure (A)</p>	<p><b>23</b> 2:30 Candlelight Service                      (C)                       6:30 Sleigh Fun (A)</p>	<p><b>24</b> Christmas Eve</p>	<p><b>25</b> <b>Christmas Day</b>                      2:30 Holiday Fun (A/C)</p>	<p><b>26</b> <b>10:30 You Be The Judge*</b>                      (A)</p>	<p><b>27</b> 2:30 Sing A Long (A/C)</p>
<p><b>28</b> 2:30 Protestant                      Service (A/C)</p>	<p><b>29</b> <b>2:30 Armchair Travel *</b>                      (A)                       6:30 Snowball Fun (A)</p>	<p><b>30</b> </p>	<p><b>31</b> 2:30 New Year's Eve                      Fun (A/C)                      Music By Robert Sean                      Happy Hour</p>			

ALL EVENTS AND/OR TIMES ARE SUBJECT TO CHANGE

## Welcome New Admissions

### A-2 Pretzel City

Clayton Dubbs  
Christine Dialictos  
Paul Mosser

### A-3 Penns Pointe

Thomas Strunk  
Robert Kohler

### B-1 Market Square

Mary Adams

### B-2 Reading Station

Blanche Dewald

**During the month of November we had 8 new admissions**

## Happy December Birthdays

LILLIAN SPINNATA .....Dec 02  
RAYMOND TRIEVEL .....Dec 02  
JEAN HEFFNER .....Dec 04  
**ANNE ROWINSKI.....Dec 06\***  
TOZIA MICHAELS.....Dec 06  
DIANE MILLER.....Dec 06  
ROBERT GREER.....Dec 08  
CHRISTINE DIALECTOS .....Dec 08  
HELEN STUFFLET .....Dec 09  
NANCY ZIOLKOWSKI .....Dec 10  
CAROLTHOMAS .....Dec 11  
LORRAINE MAST.....Dec 11  
ADDIE ATKINSON.....Dec 12  
ROBERT WEITZEL .....Dec 12  
JANICE DENUNZIO.....Dec 12

MARY LEVANTI.....Dec. 13  
CAROL HOOVER .....Dec 14  
JOHN ANGSTADT.....Dec 17  
KAREN STOCKER .....Dec 21  
MARJORIE KEENE .....Dec 23  
JACQUELINE HIGH .....Dec 23  
ELEANOR SMITH .....Dec 24  
GLORIA PHILIPS .....Dec 27  
SUZANNE SCHOENFELD ..... Dec 30

**\*DENOTES CENTENARIAN**



**“CAN YOU SPY”...  
WITH YOUR LITTLE EYE**

**A CANDY CANE**



**ANSWER ON PAGE 12**



PUZZLE PAGE

Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.



NECITSLOSRETNIWDLQKJC  
CSANTACLAUSWQLEMWXGGH  
GGIFTSGKXQMBBCLMYNOKR  
MONPRGCINJRREHNDILFEI  
NQNLKRTFNRMVYNLENKVS  
TUWGRCSBGBPTYOLWNDIT  
RVTKGYHJLEESTRUTYHDTM  
ERKCMERJRLORAYJTOLHSA  
IEJWRYBSIRECBKLLZKAES  
NTZWMAOYFSRBYRIKCLNFT  
DNZWOLCMKUTTEDEVFGUER  
EITHSNMKDLYMALLAHKKNE  
EWNTHJSOEOPYANGJDNKAE  
RKIXDMLPORNJBSNNHJACA  
QCBDRPCTFKQLXQCNIRHYA  
ETTKHRESLEIGHRIDEJTDZ  
YLLLOHLKCHAMPAGNEWTNNN  
BRMSTAROFBETHLEHEMXAA  
ZGNSEVESRAEYWENLZCZCW  
YXILRNATIVITYMXBQMNMK  
VMDTSNOITAROCEDEGRCBPV

- CANDY CANE
- CAROLING
- CHAMPAGNE
- CHRISTMAS
- CHRISTMAS TREE
- DECEMBER
- SOLSTICE
- DECORATIONS
- EGGNOG
- FESTIVE
- FROSTY
- GIFTS
- GINGERBREAD
- HANUKKAH
- HOLIDAY
- HOLLY
- JINGLE BELLS
- KWANZAA
- MISTLETOE
- NATIVITY
- NEW YEAR'S EVE
- NUTCRACKER
- REINDEER



- STAR OF BETHLEHEM
- RUDOLPH
- WINTER
- SANTA CLAUS
- WINTER SOLSTICE
- SLEIGH RIDE
- YULE LOG
- SNOW

Chaplain’s Good News for December

By Chaplain Kerry Hicks

MERRY CHRISTMAS!

(Is it Important to Respond to the Word of God?)

Most all of us remember the story of Jesus’ birth! **Please Read: Luke 2:1 – 20.** This is the scripture passage which is usually referred to during most Christmas programs in most congregations. But did you know as Paul Harvey would say; **“And now, the rest of the story.”**

Let us take a closer look at Mary in **Luke 1:16 – 38.** We read about a young Mary who had not yet **“known”** a man. She was visited by the angel Gabriel during the sixth month of her Cousin Elizabeth’s pregnancy. You remember Elizabeth the one mentioned in **Please read: Luke 1:5 – 25;** who was advanced in years and had never conceived until an angel of the Lord appeared to her husband Zechariah...

Well, when the angel Gabriel visited Mary, he shared what you just read in **verses 16 – 38 of Luke I,** he mentions Elizabeth’s miracle after Mary was troubled by what he just told her about being highly favored of God, which you also just read. He then tells her not to fear. Mary then questions him; and rightfully so, but then when Gabriel responds the next time; Mary says something which will forever alter what might have been had she not said: **“Behold the handmaid of the Lord; be it unto me according to thy word.”** Mary **accepted** the word of God from the angel Gabriel and immediately was with child. She received the word or seed. It was immediately planted, and it immediately began to produce what would ultimately be our Lord & Savior Jesus Christ!

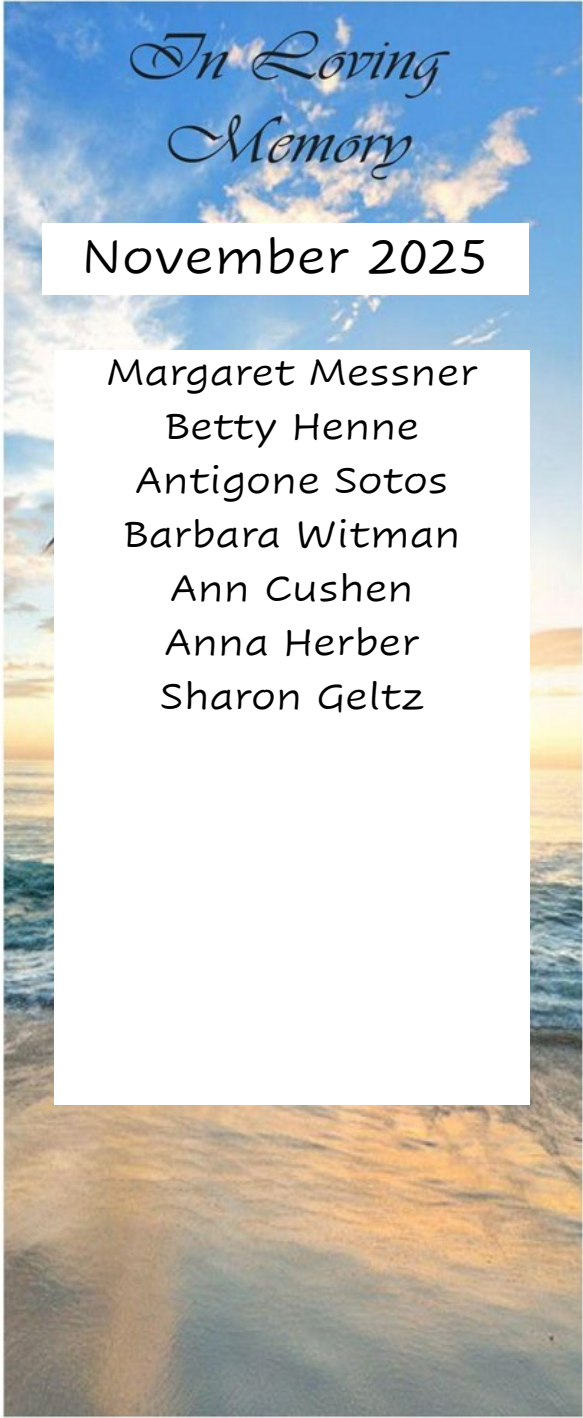
But what if Mary would not have believed and accepted the Word of the Lord? What if she would have said that she was not willing to risk bringing shame to her and her family as well as Joseph’s family and condemnation to herself: which would by law have required her to be stoned to death because she was pregnant without a husband?

What if Joseph would not have accepted what the angel of the Lord spoke to him from God and took Mary as his wife; even though she was already with child before they were married and had consummated? Mary **believed,** she **received,** then, she **conceived,** and then she was able to **bring forth** the will of God in His son Jesus Christ our Lord! Now, how about you and I, are we ready to **believe, receive, conceive,** and then **bring forth** the will of God for our lives?

Now, what happens when we do not accept the Word of God as it is written and spoken to us? Where would we be? What would we do instead to be saved? Where would we all end up had Mary not accepted the Word of the Lord? Take a moment and look around to see what it is like now **with** Him. Now, just imagine what it would be like **with-out** Him in the world!!!

When we do not **believe** the **Word** of the Lord, we forfeit any eternal salvation promised us by God! When we do not **receive** the **Word** of the Lord, we cannot **conceive** His will to live our lives in a way that **brings forth** results that are pleasing to Him! Accept the Word of God as we celebrate the birth of our Lord & Savior Jesus Christ!!! **John 1 verses 1 & 14.** In the beginning was the **Word,** and the **Word** was with God and the **Word** was God...And the **Word** became flesh and dwelt among us...

MERRY CHRISTMAS EVERYONE!!!  
Chaplain Kerry



Things That Make You Go Hmmm....

By Andrea Riegel

Original Mr. Potato head toys were just a collection of limbs and facial features. Kids had to provide their own spuds.

Best known for her murder mysteries, Agatha Christie was an avid surfer in the 1920s. She is thought to be the first British woman to surf standing up.

Because strawberries were already the state fruit, Oklahoma made watermelon its official vegetable.

Bungee jumping was invented by Oxford University’s dangerous sports club. They were inspired by Indigenous people of Vanuatu. They jumped from 100-foot towers made of tree branches with vines tied to their ankles.

When Crayola’s top crayon maker retired after 35 years, he revealed he was colorblind. He had made over 1.4 billion crayons.

The inventor of the Pringles can had some of his ashes buried in one.



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How Many Did You Spy?

I Spy Answer :

There Are  
10 Candy Canes

